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Hello!

We have made the move south like birds... where the weather is warm, the music is live, and the people are active and friendly. That's right, we are now in Austin, TX. The time has finally come for us to be close to the rest of the family, and since we are traveling more and more it's important to be closer to the majority of our clients. During our move, we have changed many things and have learned a lot about our practice and our clients. If you have been in contact recently you might already know about these new features.

One of these new features is our answering service. It will take your orders, book appointments, and take down your questions so we can call you back. We also have an online appointment booking facility on our website - www.sylviaflesner.com

If you have ordered product over the past month or so you know that many times you are now getting more that one package for your products. We have been trying drop shipments directly from the manufacturer in hopes of speeding up services and saving everyone money. We would like to hear your feedback.

We are also now emailing our invoices and confirming appointments. So please log onto our website and send us an email so we can make changes and include any updated information you think we may not have in our system.

We also have the yeast-free recipe of the month on our website, taken from Jane Remington's cookbook. (This month it's a delicious chicken and rice soup). Also, our schedule for our upcoming trips is posted on our website.

Our motivation for making all these changes is to better serve your needs, lower costs and keep up with the demand. Since we have moved, our practice seems to have grown exponentially. We are sincerely sorry for any delay you may have experienced. We are looking forward to seeing you soon and wish you health, wealth, and happiness.

Sincerely, Sylva Flesner N.D.

P.S. Happy Holidays!